Have you felt unusually happy or euphoric, or had an abnormally elevated mood for an extended period?

1. "Yes, I've been feeling incredibly happy and on top of the world for days now. It's like nothing can bring me down."
2. "I feel an intense joy and excitement all the time, much more than usual. It's almost liked a constant high."
3. "Unusually happy? Euphoria? Elevated mood? That's an understatement. I'm on top of the world right now."
4. "It's like this incredible energy is coursing through me, and every idea is a million-dollar concept."
5. "I can't stop thinking, and everything seems so exciting and full of possibilities."
6. "It's been going on for what feels like forever – days, weeks, who knows? I'm unstoppable! I've got plans to change the world."
7. "This is the best I've ever felt! Why wouldn't I be happy?"
8. " I've been on top of the world."
9. "I can conquer the world."
10. "I have endless energy."
11. "I can go days without sleep and still feel hyperactive and focused."
12. "I've been making impulsive decisions."
13. "I feel energized and ready to go all the time."
14. "My sex drive is high."
15. "I feel incredibly attractive and desirable."
16. "Everyone has their ups and downs."
17. "It's hard to explain."

Do you feel excessively energetic or restless, even when you haven't had much sleep?

1. "Yes, I have so much energy that I don't need to sleep more than a few hours. I just can't sit still."
2. "I feel like I can keep going and going without ever getting tired, even if I only sleep a couple of hours a night."
3. "I'm like a human battery in overdrive! I could conquer the world right now."
4. "Sleep? Who needs that? I've been running on pure adrenaline for days."
5. "I've got so much to do, so many ideas, I can't even sit still."
6. "It's like my brain is on fire, and my body just can't keep up."
7. "I've been going nonstop, and I'm loving every minute of it. I feel invincible."
8. " I can't stop moving."
9. " I've been up for days and I'm still going strong."
10. " I don't know what to do with myself."
11. " My mind is racing, and I can't control my impulses."
12. " I've been spending money like crazy."
13. " Making rash decisions."
14. " It's hard to focus on anything."
15. " I've been busy."
16. " I'm just feeling really good and motivated."
17. " My mind is jumping from one thing to the next."

Have you noticed an increase in your activity levels or taking on many new projects at once?

1. "Yes, I've started multiple new projects and activities. I feel like I can do everything at once."
2. "I've been so productive and busy. I can't stop myself from jumping into new ventures constantly."
3. "I'm like a tornado! I've got so much energy."
4. "I don't know what to do with myself."
5. "I'm starting new businesses, writing books, learning new languages, more works, all at the same time."
6. "I can't stop, won't stop. I'm on a mission to change the world, and I'm the only one who can do it."
7. "I've got a million ideas, and I'm going to make them all happen. I'm unstoppable."
8. " I need to be doing something all the time."
9. " I've started so many new projects."
10. " I have all these brilliant ideas."
11. " I need to do all at once."
12. " I can't seem to slow down."
13. " I can't seem to focus on one thing at a time."
14. " I get bored easily and jump from one thing to the next."
15. " I'm not thinking about the consequences of my actions."
16. " I just want to do everything and anything."
17. " It's not unusual for me."

Do you find yourself talking very quickly or feeling like your thoughts are racing?

1. "Yes, my thoughts are racing, and I talk so fast that people have a hard time keeping up with me."
2. "I can't slow down my speech, and my mind feels like it's going a mile a minute with so many ideas."
3. "You have no idea! My brain is a non-stop rollercoaster."
4. "Words are pouring out of me faster than I can think."
5. "It's like there's a million ideas exploding in my head all at once."
6. "I can't shut off. I've got to get it all out."
7. "It's overwhelming, but it's also exhilarating."
8. "It's like I'm on fire with creativity."
9. " My thoughts are coming out faster than I can say them."
10. " I can't focus on one thing."
11. " It's overwhelming."
12. " I can't concentrate on anything."
13. " I feel like I'm talking really fast."
14. " I'm talking without thinking."
15. " I can't slow down, even if I try."
16. " I say whatever comes to mind."
17. " I just feel excited."

Have you engaged in risky behaviors, such as excessive spending, reckless driving, or impulsive decisions?

1. "Yes, I've been spending a lot of money on things I don't really need and making impulsive decisions."
2. "I've been taking more risks lately, like driving fast and making spur-of-the-moment choices without thinking them through."
3. "I'm living life to the fullest. I've been on the wildest spending spree ever."
4. "Who needs a budget when you're destined for greatness."
5. "I bought a new car, a motorcycle, and a plane ticket to Bali."
6. "I'm a speed demon."
7. "I feel invincible behind the wheel."
8. "Sure, I've made some impulsive decisions, but hey, that's what life about. Taking chances and going for it."
9. " I've been on a shopping spree."
10. " I bought everything I saw, without even thinking about the cost."
11. " I've made some really stupid decisions lately."
12. " I can't stop spending money."
13. " I've gotten involved in a really intense relationship."
14. " I've been using drugs and alcohol more than usual."
15. " I've been making some changes in my life."